

CAUTION

Covid-19 infection is on the rise throughout the country

- The highly infectious Omicron variant is spreading throughout Japan faster than ever.
- Be sure to wear your mask when indoors. Do not remove it even when eating, drinking, or talking.
- Wash your hands frequently throughout the day. Use alcohol to disinfect.
- Even when running the AC, open windows for a few minutes once every half hour for air circulation.
- Use alcohol to disinfect surfaces of items used by many people, such as telephones.
- Stay home if you experience fatigue, cough, fever, or feel at all unwell. Contact your primary care physician.
- Foreign residents uncertain of how to proceed or who do not have a primary care physician, or do not know the location of the nearest hospital are invited to contact the Tottori Prefectural International Exchange Foundation (TPIEF).

For more information, contact
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