

# COVID-19 IS ON THE RISE THROUGHOUT THE COUNTRY! EXERCISE CAUTION!

- The highly infectious Omicron variant of Covid-19 is spreading rapidly through the nation.
- Do not travel out of Tottori Prefecture, whether for work or pleasure. Persons entering the prefecture from other areas are asked to take a PCR test beforehand.
- Wear your face mask. Wash your hands. Disinfect with alcohol. Open windows for air circulation.
- Do not entertain guests at home. Wear your mask when speaking with friends and family, even while eating and drinking.
- Contact your primary care physician if you feel at all unwell or experience symptoms of fatigue, cough, fever, or loss of taste or smell.
- Foreign residents who are unsure of what action to take or who have no primary care physician, please call TPIEF for support.

For more information, contact the  
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